

Subject Overview



Physical Education						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Real PE Personal Foundation Real Gym Personal Foundation	Real PE Social Foundation Real Gym Social Foundation	Real PE Cognitive Foundation Real Gym Cognitive Foundation	Real PE Creative Foundation Real Dance Creative Foundation	Real PE Physical Foundation Real Gym Physical Foundation	Real PE Health and Fitness Foundation Real Dance Health and Fitness Foundation
Year 1 & 2	Real PE Personal Y2 Real Gym Y2 Unit 1 Personal	Real PE Social Y2 Real Gym Y2 Unit 2 Social	Real PE Cognitive Y2 Real Dance Y2 Cognitive	Real PE Creative Y2 Real Gym Y2 Unit 1 Creative	Real PE Physical Y2 Real Gym Y2 Unit 2 Physical	Real PE Health and Fitness Y2 Real Dance Health and Fitness Y2
Year 3	Real PE Personal Y3 Tag Rugby	Real Gym Social Y3 Outdoor and Adventurous Activities	Real Gym Cognitive Y3 Football	Real PE Creative Y3 Tennis	Real PE Physical Y3 Rounders	Real PE Health and Fitness – Athletics Dance – focus on health and fitness
Year 4	Real PE Personal Y4 Hockey	Real Gym Social Y4 Outdoor and Adventurous Activities	Real Gym Cognitive Y4 Netball	Real PE Creative Y4 Lacrosse	Real PE Physical Y4 Cricket	Real PE Health and Fitness – Athletics Dance – focus on health and fitness
Year 5 & 6 (Cycle B)	Real PE Y6 Personal Invasion Net & Wall	Real Social Y6 Unit 2 OAA Real Gym Y56 Unit 2 Social focus	Real Gym Cognitive Y5/6 Unit 1 Invasion Real Gym Y5/6 Unit 1 Cognitive focus	Real PE Creative Y6 Net & Wall OAA	Real PE Physical Y6 Athletics Sports day Athletics	Real PE Health and Fitness Striking & Fielding Dance – focus on health and fitness