

Subject Overview

Physical Education 2023-2024						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Real PE Personal Introduction to formal games – following rules	Real Gym Social Gross motor – travelling on low apparatus	Real Gym Cognitive Gross motor – adapted for class needs for ELGs.	Real Dance Creative Games – throwing and catching	Real PE Physical Games – Striking and Fielding - Rounders	Real PE Health and Fitness Athletics and working in a team
Year 1	Real PE Personal Hockey	Real Gym Social Outdoor or Adventurous Activities	Real Gym Cognitive Football	Real Dance Creative Games – Intro to wall ball	Real PE Physical Games – Striking and Fielding – Rounders	Real PE Health and Fitness Athletics
Year 2	Real PE Personal Hockey	Real Gym Social Outdoor or Adventurous Activities	Real Gym Cognitive Football	Real Dance Creative Games – Intro to wall ball	Real PE Physical Games – Striking and Fielding – Rounders	Real PE Health and Fitness Athletics
Year 3 & 4 Cycle A	Real PE Personal Y3 Tag Rugby	Real Gym Social Y3 Outdoor or Adventurous Activities	Real Gym Cognitive Y3 Swimming	Real Dance Creative Y3 Swimming	Real PE Physical Y3 Games – Striking and Fielding – Rounders	Real PE Health and Fitness Athletics
Year 3 & 4 Cycle B	Real PE Personal Y4 Tag Rugby	Real Gym Social Y4 Outdoor or Adventurous Activities	Real Gym Cognitive Y4 Swimming	Real Dance Creative Y4 Swimming	Real PE Physical Y4 Games – Striking and Fielding – Rounders	Real PE Health and Fitness Athletics
Year 5 & 6 Cycle A	Real PE Personal Y5 Hockey	Real Gym Social Y5 Outdoor or Adventurous Activities	Real Gym Cognitive Y5 Swimming	Real Dance Creative Y5 Swimming	Real PE Physical Y5 Games – Striking and Fielding – Cricket	Real PE Health and Fitness Athletics
Year 5 & 6 Cycle B	Real PE Personal Y6 Hockey	Real Gym Social Y6 Outdoor or Adventurous Activities	Real Gym Cognitive Y6 Swimming	Real Dance Creative Y6 Swimming	Real PE Physical Y6 Games – Striking and Fielding - Cricket	Real PE Health and Fitness Athletics